

February 2024

Barrington of Carmel (Independent Living)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				9:00 Men's Breakfast - Sunrise Cafe, L 9:00 Agility, Balance & Core, WH 9:30 Coffee and Pastries, B 10:45 TED Talks, TH 11:00 Line Dancing, MP 12:00 Documentary, TH 1:00 Blood Drive, FRC 2:00 Catholic Communion/Rosary, MP 2:00 Who, What, Where am I?, AS	Football Friday Groundhog Day 9:00 Active Strength and Stretch, WH 10:00 Coffee Pops, L 11:00 Current Events, AS 12:30 Indianapolis Quilt Guild Meeting, WH 4:00 First Friday's, WH	10:00 Basket Weaving, AS 10:30 Zumba Gold, WH 2:00 Wii Games, AS 3:00 Quarter BINGO, B 4:00 Weekend Movie, TH 8:00 Weekend Movie Replay, TH
4	5	6	7	8	9	10
11:15 Catholic Communion, TH 1:00 Knitty Gritties, FP 1:30 Community Games, CL 3:00 Church Service with Tim & Sarah, MP	9:00 Agility, Balance & Core, WH 9:15 Kroger Shopping Trip, L 10:00 Creative Crafts with Stephanie, MP 10:00 Sue the Seamstress, AS 10:00 Wii Bowling, AS 1:00 Bible Study, TH 1:00 Cardio Fit, FC 1:00 iPhone help with Sue Ellen, AS 1:15 Shopping Spree - Target, L 2:00 Open Swim - Hoosier Village Pool, L 2:00 Posture, Balance & Strength, WH 3:00 Play Jeopardy!, TH	9:00 Active Strength and Stretch, WH 10:00 Life Enrichment Committee Meeting, AS 11:00 Drum Cardio, WH 11:45 Sing Along to the Classic's, TH 12:45 Meijer Shopping Trip, L 1:00 Art Time with Darvin Barnes, AS 1:00 Book Club, FL2 2:00 Health & Wellness Committee Mtg, ILCR 2:00 Maintenance Committee Meeting, D 3:00 Group Games with Memer, WH 3:00 Grief Support Group, MP 4:00 Dr. Richard Gunderman - A Discussion on Gilead, TH 5:30 Transitions, Family Education Cocktail Hour, MP	9:00 Gentle Chair Yoga, WH 10:00 Dining Committee Meeting, CL 10:00 Independent Open Craft Time, AS 11:45 Mass-St. Elizabeth Seton Catholic Church, L 12:30 Corn Hole Practice, MP 1:00 Balance Basics, FC 1:00 Community Euchre, CL 2:00 Posture, Balance & Strength, FC 2:30 Birthday Party, WH 3:00 Brain Body Fit, FC 5:00 Great Courses, TH	9:00 Agility, Balance & Core, WH 9:30 Coffee and Pastries, B 10:00 Coffee Classical - ISO, L 10:45 TED Talks, TH 11:00 Line Dancing, MP 12:00 Documentary, TH 2:00 Catholic Communion/Rosary, MP 2:00 Who, What, Where am I?, AS 2:30 Delicious Destinations! with Elizabeth & Memer, TH 3:00 All Residents Meeting, WH 5:45 Civic Theatre Sneakview - Romeo & Juliet, L	Football Friday 9:00 Active Strength and Stretch, WH 11:00 Current Events, AS 11:30 Movie Outing "The Boys in the Boat", L 1:45 Duplicate Bridge, D 2:00 Guest Speaker Eddie Stage - Neuroscientist, TH	Chinese New Year 10:00 Basket Weaving, AS 10:30 Zumba Gold, WH 2:00 Wii Games, AS 3:00 Quarter BINGO, B 4:00 Weekend Movie, TH 6:45 CSO - Masterworks 3, L 8:00 Weekend Movie Replay, TH
11	12	13	14	15	16	17
11:15 Catholic Communion, TH 1:00 The Knitty Gritties, FP 1:30 Community Games, CL 3:00 Church Service with Tim & Sarah, MP	9:00 Agility, Balance & Core, WH 9:15 Carmel Library, L 9:15 Kroger Shopping Trip, L 10:00 Creative Crafts with Stephanie, MP 10:00 Sue the Seamstress, AS 10:00 Wii Bowling, AS 11:00 Ethnic Lunch - Tian Fu Asian Bistro, L 1:00 Cardio Fit, FC 2:00 Open Swim - Hoosier Village Pool, L 2:00 Posture, Balance & Strength, WH 3:00 Play Jeopardy!, TH 5:30 Men's Dinner - "Boy's Club", WDR	Tasty Tuesday - Art Studio 9:00 Active Strength and Stretch, WH 11:00 Blood Pressure Clinic with BHI at Home, CL 11:00 Drum Cardio, WH 11:00 Mardi Gras Parade through Skilled Nursing, B 11:45 Sing Along to the Classic's, TH 12:45 Meijer Shopping Trip, L 1:00 Art Time with Darvin Barnes, AS 3:00 Group Games with Memer, TH	Valentine's Day 9:00 Gentle Chair Yoga, WH 10:00 Independent Open Craft Time, AS 11:45 Mass-St. Elizabeth Seton Catholic Church, L 12:30 Corn Hole Practice, MP 1:00 Balance Basics, FC 1:00 Classic Cards - Uno, CL 2:00 Pianist - Janese Truver, WH 2:00 Posture, Balance & Strength, FC 3:00 Brain Body Fit, FC 5:00 Great Courses, TH	9:00 Agility, Balance & Core, WH 9:30 Coffee and Pastries, B 10:45 TED Talks, TH 11:00 Line Dancing, MP 12:00 Documentary, TH 1:00 Resident Council Meeting, D 2:00 Catholic Communion/Rosary, MP 2:00 Who, What, Where am I?, AS 3:00 Town Hall, WH	9:00 Active Strength and Stretch, WH 10:30 Tour the Town - Pottery Painting at Kiln Creations, L 11:00 Current Events, AS 1:00 Axe Throwing, WH 3:00 Dementia Support Group, MP 4:00 Happy Hour with The Barrington Five, WH	9:00 Indy Honor Flight Breakfast, WH 10:00 Basket Weaving, AS 10:30 Zumba Gold, MP 2:00 Wii Games, AS 3:00 Quarter BINGO, B 4:00 Weekend Movie, TH 8:00 Weekend Movie Replay, TH
18	19	20	21	22	23	24
11:15 Catholic Communion, TH 1:00 The Knitty Gritties, FP 1:30 Community Games, CL 3:00 Church Service with Tim & Sarah, MP 6:00 Lara Hayden's Dance Troupe, WH	Presidents' Day 9:00 Agility, Balance & Core, WH 9:15 Kroger Shopping Trip, L 10:00 Creative Crafts with Stephanie, MP 10:00 Sue the Seamstress, AS 10:00 Wii Bowling, AS 1:00 Bible Study, TH 1:00 Cardio Fit, FC 2:00 Open Swim - Hoosier Village Pool, L 2:00 Posture, Balance & Strength, WH 3:00 Play Jeopardy!, TH 5:00 Dinner on the Town - Harry & Izzy's, L	9:00 Active Strength and Stretch, WH 11:00 Drum Cardio, WH 11:45 Sing Along to the Classic's, TH 12:45 Meijer Shopping Trip, L 1:00 Art Time with Darvin Barnes, AS 1:00 Joe Bro's, CL 1:00 Team Member Appreciation Committee, FL2 2:00 Poker, FL3 3:00 Group Games with Memer, WH 4:00 Dr. Richard Gunderman - A Discussion on Gilead, TH	9:00 Gentle Chair Yoga, WH 10:00 Independent Open Craft Time, AS 11:15 Confession and Mass - St. Elizabeth Seton Catholic Church, L 12:30 Corn Hole Practice, MP 1:00 Balance Basics, FC 1:00 Community Euchre, CL 2:00 Danny Russel as Abraham Lincoln, WH 2:00 Posture, Balance & Strength, FC 3:00 Brain Body Fit, FC 5:00 Great Courses, TH	9:00 Agility, Balance & Core, WH 9:30 Coffee and Pastries, B 10:45 TED Talks, TH 11:00 Line Dancing, MP 12:00 Documentary, TH 1:00 Workshop Team Meeting, D 2:00 Mass, Communion & Rosary, MP 2:00 Who, What, Where am I?, AS	9:00 Active Strength and Stretch, WH 10:00 Walk the Monon, L 11:00 Carmel Clay Public Pop Up Library, L 11:00 Current Events, AS 12:00 Craft Club, AS 1:00 Chef's Teaching Kitchen, MP 1:45 Duplicate Bridge, D 2:00 Guest Speaker Chase Cochran - Tech Help, TH	10:00 Basket Weaving, AS 10:30 Zumba Gold, WH 2:00 Wii Games, AS 3:00 Quarter BINGO, B 4:00 Weekend Movie, TH 8:00 Weekend Movie Replay, TH
25	26	27	28	29	MEETING PLACES	
11:15 Catholic Communion, TH 1:00 The Knitty Gritties, FP 1:30 Community Games, CL 3:00 Church Service with Tim & Sarah, MP	9:00 Agility, Balance & Core, WH 9:15 Kroger Shopping Trip, L 10:00 Creative Crafts with Stephanie, MP 10:00 Sue the Seamstress, AS 10:00 Wii Bowling, AS 11:00 Ladies' Lunch - Kona Jacks, L 1:00 Cardio Fit, FC 2:00 Open Swim - Hoosier Village Pool, L 2:00 Posture, Balance & Strength, WH 3:00 Play Jeopardy!, TH	9:00 Active Strength and Stretch, WH 11:00 Drum Cardio, WH 11:45 Sing Along to the Classic's, TH 12:45 Meijer Shopping Trip, L 1:00 Art Time with Darvin Barnes, AS 2:00 Maintenance Committee Meeting, D 2:30 Chef's Table, B 3:00 Group Games with Memer, WH 4:00 Dr. Richard Gunderman - A Discussion on Gilead, TH	9:00 Gentle Chair Yoga, WH 10:00 Independent Open Craft Time, AS 11:45 Mass-St. Elizabeth Seton Catholic Church, L 12:30 Corn Hole Practice, MP 12:30 Podiatry Clinic, WC 1:00 Balance Basics, FC 2:00 Indianapolis Opera Resident Artists, WH 2:00 Posture, Balance & Strength, FC 3:00 Brain Body Fit, FC 5:00 Great Courses, TH	9:00 Agility, Balance & Core, WH 9:30 Coffee and Pastries, B 10:45 TED Talks, TH 11:00 Line Dancing, MP 12:00 Documentary, TH 2:00 Catholic Communion/Rosary, MP 2:00 Who, What, Where am I?, AS	L - IL Lobby WH - Windsor Hall B - Bistro TH - Theater MP - Multipurpose Room FRC - Front Circle AS - Art Studio FP - IL Fireplace Lobby CL - Card Lounge FC - Fitness Center	
						FL2 - 2nd Floor Lounge ILCR - IL Conference Room D - IL Den WDR - Windmere Dining Room FL3 - 3rd Floor Lounge WC - Wellness Clinic