

Join us for our grief support sessions on the 1st Tuesday of every month starting February 6th. Life comes with a lot of losses. Some of those are hard to walk through alone. We would like to support you on that journey.

In this group, you will be able to...

- Share your personal grief experience and listen to others.
- Learn about the grief process.
- Develop new coping skills.



Barrington of Carmel Multipurpose Room

1335 S Guilford Rd, Carmel, IN 46032

Please enter through the Plaza entrance on the south side of the building



1ST TUESDAY OF EACH MONTH

At 3:00pm

Questions?

Contact Katresha Taylor (317) 798-2160



