

# September 2024

Barrington of Carmel (Independent Living)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
1:00 The Knitty Gritties, <i>FP</i> 1:30 Community Games, <i>CL</i>	10:00 Wii Bowling, <i>AS</i> 2:00 1st Floor Resident Council Meet & Greet, <i>ILL</i> 2:00 Open Swim - Hoosier Village Pool, <i>L</i>	9:00 Active Strength and Stretch, <i>WH</i> 10:00 Sue the Seamstress, <i>AS</i> 10:00 Life Enrichment Committee Meeting, <i>AS</i> 11:00 Drum Cardio, <i>WH</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:00 Balance Basics, <i>FC</i> 1:00 Painting with Darvin Barnes, <i>AS</i> 1:36 Golf League - Golf Club of Indiana, <i>GC</i> 2:00 Health & Wellness Committee Mtg, <i>ILCR</i> 2:00 Maintenance Committee Meeting, <i>D</i> 3:00 Group Games with Memer, <i>TH</i>	9:00 Gentle Chair Yoga, <i>WH</i> 10:00 Dining Committee Meeting, <i>CL</i> 10:00 Meijer Shopping Trip, <i>L</i> 11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i> 12:30 Corn Hole Practice, <i>MP</i> 1:00 Community Euchre, <i>CL</i> 2:00 Posture, Balance & Strength, <i>FC</i> 2:30 Birthday Party, <i>WH</i> 3:00 Brain Body Fit, <i>FC</i> 5:00 Great Courses, <i>TH</i>	9:00 Men's Breakfast - Uptown Cafe, <i>L</i> 9:00 Agility, Balance & Core, <i>WH</i> 10:45 TED Talks, <i>TH</i> 11:00 Line Dancing, <i>MP</i> 12:00 The Chosen - TV Series, <i>TH</i> 2:00 Crafty Creations, <i>BH</i> 2:00 Catholic Communion/Rosary, <i>MP</i> 2:00 Who, What, Where am I?, <i>AS</i> 3:00 All Residents Meeting, <i>WH</i>	<b>Football Friday</b> 9:00 Active Strength and Stretch, <i>WH</i> 9:45 Fishing at Central Park with Clint Kowalik, <i>L</i> 11:00 Current Events, <i>AS</i> 12:30 Indianapolis Quilt Guild Meeting, <i>WH</i> 2:00 Guest Speaker Greg King - The Smarter Service, <i>TH</i> 4:00 Happy Hour, <i>WH</i> 6:00 Jewish Services at Congregation Beth Shalom, <i>L</i>	9:00 Basket Weaving, <i>AS</i> 10:30 Zumba Gold, <i>WH</i> 2:00 Wii Games, <i>AS</i> 3:00 Quarter BINGO, <i>BH</i> 4:00 Weekend Movie, <i>TH</i> 7:30 Weekend Movie Replay, <i>TH</i>
8	9	10	11	12	13	14
11:15 Catholic Communion, <i>TH</i> 1:00 The Knitty Gritties, <i>FP</i> 1:30 Community Games, <i>CL</i>	<b>Fall Cleanup</b> 9:00 Agility, Balance & Core, <i>WH</i> 9:15 Carmel Library, <i>L</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Sue the Seamstress, <i>AS</i> 10:00 Wii Bowling, <i>AS</i> 11:00 Men's Lunch - Aroma Experience, Indian Cuisine, <i>L</i> 1:15 Balloon Tennis, <i>WH</i> 2:00 Intro to Your Fitness, <i>FC</i> 2:00 Open Swim - Hoosier Village Pool, <i>L</i> 3:00 Play Jeopardy!, <i>TH</i> 5:30 Men's Dinner - "Boy's Club", <i>WDR</i>	<b>Fall Cleanup</b> <b>Tasty Tuesday - Art Studio</b> 9:00 Active Strength and Stretch, <i>WH</i> 11:00 Blood Pressure Clinic with BHI at Home, <i>CL</i> 11:00 Drum Cardio, <i>WH</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:00 Balance Basics, <i>FC</i> 1:00 Golf Putting Tournament, <i>WH</i> 1:00 Painting with Darvin Barnes, <i>AS</i> 1:30 Carmel Library Guest Speaker - Behind the Book with William Kent Krueger, <i>L</i> 3:00 Group Games with Memer, <i>TH</i>	<b>Fall Cleanup</b> 9:00 Gentle Chair Yoga, <i>WH</i> 10:00 Market District Shopping Trip, <i>L</i> 10:00 Meijer Shopping Trip, <i>L</i> 11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i> 12:30 Corn Hole Practice, <i>MP</i> 1:00 Classic Cards - Uno, <i>CL</i> 2:00 Posture, Balance & Strength, <i>FC</i> 2:00 Songstress Susan Boots, <i>WH</i> 3:00 Brain Body Fit, <i>FC</i> 5:00 Great Courses, <i>TH</i> 6:30 Carmel Gazebo Concert Series, <i>L</i> 7:00 One Voice Chorus, <i>WH</i> 7:30 Ladies Social, <i>FL3</i>	<b>Fall Cleanup</b> 9:00 Agility, Balance & Core, <i>WH</i> 10:00 The Smarter Service, <i>ILL</i> 10:45 TED Talks, <i>TH</i> 11:00 Line Dancing, <i>MP</i> 12:00 The Chosen - TV Series, <i>TH</i> 2:00 Crafty Creations, <i>BH</i> 1:00 Resident Council Meeting, <i>D</i> 2:00 Catholic Communion/Rosary, <i>MP</i> 2:00 Who, What, Where am I?, <i>AS</i> 3:00 Town Hall, <i>WH</i> 5:45 Actors Theatre Sneak Peek - Ring of Fire, <i>L</i>	<b>Fall Cleanup</b> <b>Football Friday</b> 9:00 Active Strength and Stretch, <i>WH</i> 10:00 Tour the Town - Carmel on Canvas, <i>L</i> 11:00 Current Events, <i>AS</i> 1:45 Duplicate Bridge, <i>CL</i> 2:00 Guest Speaker Dr. Daniel Spitzberg - "In the Blink of an Eye", <i>TH</i> 4:00 Happy Hour, <i>WH</i> 6:00 Jewish Services at Congregation Beth Shalom, <i>L</i>	9:00 Basket Weaving, <i>AS</i> 10:30 Zumba Gold, <i>WH</i> 2:00 Wii Games, <i>AS</i> 3:00 Quarter BINGO, <i>BH</i> 4:00 Weekend Movie, <i>TH</i> 7:30 Weekend Movie Replay, <i>TH</i>
15	16	17	18	19	20	21
11:15 Catholic Communion, <i>TH</i> 1:00 Rock Painting with Cynthia Martin, <i>AS</i> 1:00 The Knitty Gritties, <i>FP</i> 1:30 Community Games, <i>CL</i>	9:00 Agility, Balance & Core, <i>MP</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Sue the Seamstress, <i>AS</i> 10:00 Wii Bowling, <i>AS</i> 1:00 Bible Study, <i>TH</i> 1:15 Balloon Tennis, <i>MP</i> 2:00 Intro to Your Fitness, <i>FC</i> 2:00 Open Swim - Hoosier Village Pool, <i>L</i> 3:00 Play Jeopardy!, <i>TH</i> 5:00 Dinner on the Town - Charleston's, <i>L</i>	9:00 Active Strength and Stretch, <i>MP</i> 11:00 Drum Cardio, <i>MP</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:00 Balance Basics, <i>FC</i> 1:00 Painting with Darvin Barnes, <i>AS</i> 1:00 Team Member Appreciation Comm, <i>FL2</i> 2:00 Guest Speaker Judy Fitzgerald - Co-Founder of Actors Theater, <i>TH</i> 2:00 Poker, <i>FL3</i> 3:00 Group Games with Memer, <i>TH</i>	9:00 Gentle Chair Yoga, <i>MP</i> 10:00 Meijer Shopping Trip, <i>L</i> 11:00 Plaza Tour with Sue Ellen and Judy, <i>IE</i> 11:15 Confession and Mass - St. Elizabeth Seton Catholic Church, <i>L</i> 12:30 Corn Hole Practice, <i>MP</i> 1:00 Community Euchre, <i>CL</i> 2:00 Posture, Balance & Strength, <i>FC</i> 3:00 Brain Body Fit, <i>FC</i> 5:00 Great Courses, <i>TH</i>	9:00 Agility, Balance & Core, <i>MP</i> 9:00 Ladies' Brunch - Goodness Gracious Kitchen & Cupboard, <i>L</i> 10:45 TED Talks, <i>TH</i> 11:00 Line Dancing, <i>MP</i> 12:00 The Chosen - TV Series, <i>TH</i> 2:00 Crafty Creations, <i>BH</i> 2:00 Who, What, Where am I?, <i>AS</i>	<b>Football Friday</b> 9:00 Active Strength and Stretch, <i>MP</i> 10:00 Coffee Pops, <i>L</i> 11:00 Current Events, <i>AS</i> 1:30 Confession & Mass, <i>MP</i> 2:00 Guest Speaker Jennifer Sommers - Conner Prairie Updates, <i>TH</i> 3:00 Dementia Support Group, <i>MP</i> 4:00 Happy Hour, <i>MP</i> 6:00 Jewish Services at Congregation Beth Shalom, <i>L</i>	9:00 Basket Weaving, <i>AS</i> 9:00 Indy Honor Flight Breakfast, <i>WH</i> 10:30 Zumba Gold, <i>WH</i> 12:00 Chinese Mooncake Festival, <i>L</i> 2:00 Wii Games, <i>AS</i> 3:00 Quarter BINGO, <i>BH</i> 4:00 Weekend Movie, <i>TH</i> 7:30 Weekend Movie Replay, <i>TH</i>
22	23	24	25	26	27	28
11:15 Catholic Communion, <i>TH</i> 1:00 The Knitty Gritties, <i>FP</i> 1:30 Community Games, <i>CL</i>	9:00 Agility, Balance & Core, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Sue the Seamstress, <i>AS</i> 10:00 Wii Bowling, <i>AS</i> 11:00 Ladies' Lunch - Kona Grill, <i>L</i> 1:15 Balloon Tennis, <i>WH</i> 2:00 Intro to Your Fitness, <i>FC</i> 2:00 Open Swim - Hoosier Village Pool, <i>L</i> 3:00 Play Jeopardy!, <i>TH</i>	9:00 Active Strength and Stretch, <i>WH</i> 10:00 Flu and Covid Shot Clinic, <i>CL</i> 11:00 Drum Cardio, <i>WH</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:00 Balance Basics, <i>FC</i> 1:00 Book Club, <i>FL2</i> 1:00 Painting with Darvin Barnes, <i>AS</i> 2:00 Maintenance Committee Meeting, <i>D</i> 2:30 Chef's Table, <i>B</i> 3:00 Group Games with Memer, <i>TH</i> 4:00 3rd Floor Resident Council Meet & Greet, <i>FL3</i>	9:00 Gentle Chair Yoga, <i>WH</i> 10:00 Meijer Shopping Trip, <i>L</i> 11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i> 12:30 Corn Hole Practice, <i>MP</i> 1:00 Podiatry Clinic, <i>WC</i> 1:00 2nd Floor Resident Council Meet & Greet, <i>FL2</i> 2:00 Dave Laskey - Musical Entertainment, <i>BH</i> 2:00 Golf Chipping Tournament, <i>WH</i> 2:00 Posture, Balance & Strength, <i>FC</i> 3:00 Brain Body Fit, <i>FC</i> 5:00 Great Courses, <i>TH</i> 7:30 Ladies Social, <i>FL3</i>	9:00 Agility, Balance & Core, <i>WH</i> 10:00 The Smarter Service, <i>ILL</i> 10:45 TED Talks, <i>TH</i> 11:00 Line Dancing, <i>MP</i> 12:00 The Chosen - TV Series, <i>TH</i> 2:00 Crafty Creations, <i>BH</i> 2:00 Communion & Rosary, <i>MP</i> 2:00 Who, What, Where am I?, <i>AS</i>	<b>Football Friday</b> 9:00 Active Strength and Stretch, <i>WH</i> 10:00 Walk in the Park - Flowing Well Park, <i>L</i> 11:00 Carmel Clay Public Pop Up Library, <i>L</i> 11:00 Current Events, <i>AS</i> 1:00 Chef's Teaching Kitchen, <i>D</i> 1:45 Duplicate Bridge, <i>CL</i> 2:00 Guest Speaker Jeff Wells - Dept. Natural Resources, <i>TH</i> 4:00 Happy Hour, <i>WH</i> 6:00 Jewish Services at Congregation Beth Shalom, <i>L</i>	9:00 Basket Weaving, <i>AS</i> 10:30 Zumba Gold, <i>WH</i> 2:00 Wii Games, <i>AS</i> 3:00 Quarter BINGO, <i>BH</i> 4:00 Weekend Movie, <i>TH</i> 7:30 Weekend Movie Replay, <i>TH</i>
29	30				MEETING PLACES	
11:15 Catholic Communion, <i>TH</i> 1:00 The Knitty Gritties, <i>FP</i> 1:30 Community Games, <i>CL</i>	9:00 Agility, Balance & Core, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:00 Sue the Seamstress, <i>AS</i> 10:00 Wii Bowling, <i>AS</i> 11:00 Shopping Spree - The Fashion Mall at Keystone at the Crossing, <i>L</i> 1:15 Balloon Tennis, <i>WH</i> 2:00 Intro to Your Fitness, <i>FC</i> 2:00 Open Swim - Hoosier Village Pool, <i>L</i> 3:00 Play Jeopardy!, <i>TH</i>				<i>TH</i> - Theater <i>FP</i> - IL Fireplace Lobby <i>CL</i> - Card Lounge <i>AS</i> - Art Studio <i>ILL</i> - IL Library <i>L</i> - IL Lobby <i>WH</i> - Windsor Hall <i>FC</i> - Fitness Center <i>GC</i> - Golf Club of Indiana <i>ILCR</i> - IL Conference Room	<i>D</i> - IL Den <i>MP</i> - Multipurpose Room <i>BH</i> - Brighton Hall <i>CW</i> - Community Wide <i>WDR</i> - Windmere Dining Room <i>FL3</i> - 3rd Floor Lounge <i>FL2</i> - 2nd Floor Lounge <i>IE</i> - IL Elevators <i>B</i> - Bistro <i>WC</i> - Wellness Clinic

