

# March 2026

Barrington of Carmel (Independent Living)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<p>11:15 Catholic Communion, <i>TH</i>                      1:00 Hand &amp; Foot, <i>CL</i>                      3:00 Church Service with Tim &amp; Sarah, <i>MP</i></p>	<p>9:00 Agility, Balance &amp; Core, <i>WH</i>                      9:15 Kroger Shopping Trip, <i>L</i>                      1:15 Shopping Spree - Niemann Harvest Market, <i>L</i>                      1:15 Balloon Tennis, <i>WH</i>                      2:30 Watercolor Class with Elizabeth Kenney, <i>AS</i>                      3:00 Play Jeopardy!, <i>TH</i></p>	<p>9:00 Active Strength and Stretch, <i>WH</i>                      10:00 Documentary - Life in Color, <i>TH</i>                      11:00 Drum Cardio, <i>WH</i>                      12:45 Meijer Shopping Trip, <i>L</i>                      1:30 Fall Prevention &amp; Preparation, <i>MP</i>                      2:00 Maintenance Committee Meeting, <i>D</i>                      3:00 Group Games with Memer, <i>TH</i>                      3:00 UNO! Card Game, <i>BH</i>                      5:45 Purdue Dinner, <i>CL</i></p>	<p>9:00 Gentle Chair Yoga, <i>WH</i>                      10:00 Dining Committee Meeting, <i>CL</i>                      10:00 Meijer Shopping Trip, <i>L</i>                      11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i>                      1:00 Euchre, <i>CL</i>                      1:00 Tai Chi, <i>FC</i>                      2:30 Birthday Party, <i>WH</i>                      3:00 Brain Body Fit, <i>MP</i>                      4:30 Great Courses, <i>TH</i>                      7:30 Ladies' Social, <i>FL3</i></p>	<p>9:00 Men's Breakfast-Rize Carmel, <i>L</i>                      9:00 Agility, Balance &amp; Core, <i>WH</i>                      10:45 TED Talks, <i>TH</i>                      1:00 Let's Talk Vision, <i>TH</i>                      2:00 Crafty Creations, <i>BH</i>                      2:00 Catholic Communion/Rosary, <i>MP</i>                      2:00 Who, What, Where am I?, <i>AS</i></p>	<p>9:00 Active Strength and Stretch, <i>WH</i>                      10:00 Walk the Track at the Monon Center, <i>L</i>                      11:00 Current Events, <i>AS</i>                      1:00 Family Feud, <i>TH</i>                      1:00 Spouse Dementia Support Group, <i>MP</i>                      2:00 Guest Speaker Jewish Community Relations - Purim, <i>TH</i>                      3:00 Family Member Dementia Support Group, <i>MP</i>                      4:00 Happy Hour-AED Jazzy Kemp Meet and Greet, <i>WH</i>                      6:00 Congregation Beth Shalom, <i>L</i></p>	<p>9:00 Basket Weaving, <i>AS</i>                      9:30 Zumba Gold, <i>WH</i>                      3:00 Quarter BINGO, <i>BH</i>                      4:00 Weekend Movie, <i>TH</i>                      7:30 Weekend Movie Replay, <i>TH</i></p>
8	9	10	11	12	13	14
<p>Daylight Savings Time Begins                      11:15 Catholic Communion, <i>TH</i>                      1:00 Hand &amp; Foot, <i>CL</i>                      3:00 Church Service with Tim &amp; Sarah, <i>MP</i></p>	<p>Limerick Writing Contest, <i>AS</i>                      9:00 Agility, Balance &amp; Core, <i>WH</i>                      9:00 Tai Chi with Michael Valenti, <i>WH</i>                      9:15 Carmel Library, <i>L</i>                      9:15 Kroger Shopping Trip, <i>L</i>                      11:00 Ethnic Lunch-Thai Nine, <i>L</i>                      1:00 Social Euchre, <i>CL</i>                      1:15 Balloon Tennis, <i>MP</i>                      3:00 Play Jeopardy!, <i>TH</i></p>	<p>Limerick Writing Contest, <i>AS</i>                      Tasty Tuesday - Art Studio                      9:00 Active Strength and Stretch, <i>MP</i>                      10:00 Documentary - Life in Color, <i>TH</i>                      11:00 Drum Cardio, <i>WH</i>                      11:00 Life Enrichment Committee Meeting, <i>AS</i>                      12:45 Meijer Shopping Trip, <i>L</i>                      1:30 Behind the Book with Terah Shelton Harris Carmel Library, <i>L</i>                      1:30 Fall Prevention &amp; Preparation, <i>MP</i>                      2:00 Health &amp; Wellness Committee, <i>AS</i>                      3:00 Group Games with Memer, <i>TH</i>                      3:00 UNO! Card Game, <i>BH</i></p>	<p>Limerick Writing Contest, <i>AS</i>                      9:00 Gentle Chair Yoga, <i>WH</i>                      10:00 The Smarter Service, <i>ILL</i>                      10:00 Market District Shopping Trip, <i>L</i>                      10:00 Meijer Shopping Trip, <i>L</i>                      11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i>                      12:30 Beef &amp; Boards - Pretty Woman the Musical, <i>L</i>                      1:00 Tai Chi, <i>FC</i>                      2:00 Ashley Nicole Soprano, <i>WH</i>                      3:00 Brain Body Fit, <i>MP</i>                      3:00 Guest Speaker Tepe. The Smarter Service, <i>TH</i>                      4:30 Great Courses, <i>TH</i></p>	<p>Limerick Writing Contest, <i>AS</i>                      9:00 Agility, Balance &amp; Core, <i>MP</i>                      10:00 Coffee Classical, <i>L</i>                      10:45 TED Talks, <i>TH</i>                      2:00 Catholic Communion/Rosary, <i>MP</i>                      2:00 Creative Coloring, <i>BH</i>                      2:00 Resident Council Meeting, <i>ILCR</i>                      2:00 Who, What, Where am I?, <i>AS</i>                      4:00 1st Floor Resident Council Meet &amp; Greet, <i>D</i></p>	<p>Limerick Writing Contest, <i>AS</i>                      9:00 Active Strength and Stretch, <i>WH</i>                      11:00 Current Events, <i>AS</i>                      12:30 Indianapolis Quilt Guild Mtg, <i>WH</i>                      12:30 Craft Time - Lucky Charms, <i>AS</i>                      1:45 Duplicate Bridge, <i>CL</i>                      2:00 Guest Speaker Emily Tolerson - Hamilton County Health Department "Diabetes", <i>TH</i>                      4:00 Happy Hour, <i>WH</i>                      6:00 Congregation Beth Shalom, <i>L</i></p>	<p>9:00 Basket Weaving, <i>AS</i>                      9:30 Zumba Gold, <i>WH</i>                      3:00 Quarter BINGO, <i>BH</i>                      3:30 One Voice Choir, <i>WH</i>                      4:00 Weekend Movie, <i>TH</i>                      7:30 Weekend Movie Replay, <i>TH</i></p>
15	16	17	18	19	20	21
<p>11:15 Catholic Communion, <i>TH</i>                      1:00 Hand &amp; Foot, <i>CL</i>                      3:00 Church Service with Tim &amp; Sarah, <i>MP</i></p>	<p>March Madness Brackets, <i>AS</i>                      9:00 Agility, Balance &amp; Core, <i>WH</i>                      9:15 Kroger Shopping Trip, <i>L</i>                      1:15 Balloon Tennis, <i>WH</i>                      3:00 Play Jeopardy!, <i>TH</i>                      5:00 Dinner on the Town - Big Woods Noblesville, <i>L</i></p>	<p>March Madness Brackets Due, <i>AS</i>                      St. Patrick's Day                      9:00 Active Strength and Stretch, <i>MP</i>                      10:00 Documentary - Life in Color, <i>TH</i>                      11:00 Drum Cardio, <i>WH</i>                      12:45 Meijer Shopping Trip, <i>L</i>                      1:00 Shamrock Shakes, <i>AS</i>                      1:30 Fall Prevention &amp; Preparation, <i>MP</i>                      2:00 Team Appreciation Committee, <i>PCR</i>                      3:00 Group Games with Memer, <i>TH</i>                      3:00 UNO! Card Game, <i>BH</i>                      5:45 Purdue Dinner, <i>CL</i></p>	<p>9:00 Gentle Chair Yoga, <i>WH</i>                      10:00 Meijer Shopping Trip, <i>L</i>                      11:00 Plaza Tour with Sue Ellen and Judy, <i>IE</i>                      11:15 Confession and Mass - St. Elizabeth Seton Catholic Church, <i>L</i>                      1:00 Euchre, <i>CL</i>                      1:00 Tai Chi, <i>FC</i>                      2:00 Magician Chad Collyer, <i>WH</i>                      3:00 Brain Body Fit, <i>MP</i>                      4:30 Great Courses, <i>TH</i>                      7:30 Ladies' Social, <i>FL3</i></p>	<p>9:00 Agility, Balance &amp; Core, <i>WH</i>                      10:45 TED Talks, <i>TH</i>                      12:15 History On Stage - A Presentation from Madam C.J. Walker &amp; her sales agent, Mrs. Pinkston - IPL Haughville Branch, <i>L</i>                      2:00 Catholic Communion/Rosary, <i>MP</i>                      2:00 Crafty Creations, <i>BH</i>                      2:00 Who, What, Where am I?, <i>AS</i>                      3:00 Town Hall, <i>WH</i></p>	<p>9:00 Active Strength and Stretch, <i>WH</i>                      10:00 Tour the Town - 2026 Flower &amp; Patio Show, State Fairgrounds, <i>L</i>                      11:00 Current Events, <i>AS</i>                      1:00 Dementia Spouse Support Group, <i>MP</i>                      1:00 Musical Entertainment - Steve Elston, <i>WH</i>                      3:00 Dementia Family Member Support Group, <i>MP</i>                      4:00 Happy Hour with The Barrington Five, <i>WH</i>                      6:00 Congregation Beth Shalom, <i>L</i></p>	<p>9:00 Basket Weaving, <i>AS</i>                      9:00 Indy Honor Flight Breakfast, <i>WH</i>                      9:30 Zumba Gold, <i>MP</i>                      3:00 Quarter BINGO, <i>BH</i>                      4:00 Weekend Movie, <i>TH</i>                      7:30 Weekend Movie Replay, <i>TH</i></p>
22	23	24	25	26	27	28
<p>11:15 Catholic Communion, <i>TH</i>                      1:00 Hand &amp; Foot, <i>CL</i>                      3:00 Church Service with Tim &amp; Sarah, <i>MP</i></p>	<p>9:00 Agility, Balance &amp; Core, <i>WH</i>                      9:00 Tai Chi with Michael Valenti, <i>WH</i>                      9:15 Kroger Shopping Trip, <i>L</i>                      1:00 Goodies Drive - Swig, <i>L</i>                      1:00 Social Euchre, <i>CL</i>                      1:15 Balloon Tennis, <i>WH</i>                      3:00 Play Jeopardy!, <i>TH</i>                      4:00 2nd Floor Meet &amp; Greet with Resident Council, <i>FL2</i></p>	<p>9:00 Active Strength and Stretch, <i>WH</i>                      9:30 Tai Chi: Calm &amp; Balance, Carmel Library, <i>L</i>                      10:00 Documentary - Island of the Sea Wolves, <i>TH</i>                      10:30 Balance Assessments, HTS Therapy, <i>MP</i>                      11:00 Drum Cardio, <i>WH</i>                      12:45 Meijer Shopping Trip, <i>L</i>                      1:00 Book Club, <i>FL2</i>                      1:30 Fall Prevention &amp; Preparation, <i>MP</i>                      2:00 Maintenance Committee Meeting, <i>D</i>                      2:00 Poker, <i>FL3</i>                      2:00 Virtual Author Talk: America's Failed Response to the Opioid Crisis w/ Author Shoshana Walter, <i>TH</i>                      2:30 Chef's Table, <i>B</i>                      3:00 Group Games with Memer, <i>AS</i>                      3:00 UNO! Card Game, <i>BH</i>                      4:00 3rd Floor Resident Council Meet &amp; Greet, <i>FL3</i></p>	<p>9:00 Gentle Chair Yoga, <i>WH</i>                      10:00 The Smarter Service, <i>ILL</i>                      10:00 Meijer Shopping Trip, <i>L</i>                      11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i>                      12:30 Podiatry Clinic, <i>WC</i>                      1:00 Tai Chi, <i>FC</i>                      2:00 The Belle Musique Duo, <i>WH</i>                      3:00 Brain Body Fit, <i>MP</i>                      4:30 Great Courses, <i>TH</i></p>	<p>9:00 Agility, Balance &amp; Core, <i>WH</i>                      10:45 TED Talks, <i>TH</i>                      11:00 Ladies' Lunch - Rosie's Zionsville, <i>L</i>                      2:00 Creative Coloring, <i>BH</i>                      2:00 Virtual Speaker - Consumer Protection &amp; Scam Prevention w/ Indiana Attorney Generals Office, <i>TH</i>                      2:00 Who, What, Where am I?, <i>AS</i>                      3:00 IL ARM, <i>WH</i></p>	<p>9:00 Active Strength and Stretch, <i>WH</i>                      10:00 Walk in the Park, Coxhall Gardens, <i>L</i>                      11:00 Carmel Clay Public Pop Up Library, <i>L</i>                      11:00 Current Events, <i>AS</i>                      12:30 Chef's Teaching Kitchen, <i>D</i>                      1:45 Duplicate Bridge, <i>CL</i>                      2:00 Confession &amp; Mass, <i>MP</i>                      2:00 Guest Speaker - Mayor Sue Finkham "State of Carmel Address", <i>TH</i>                      4:00 Happy Hour, <i>WH</i>                      6:00 Congregation Beth Shalom, <i>L</i></p>	<p>9:00 Basket Weaving, <i>AS</i>                      9:30 Zumba Gold, <i>WH</i>                      3:00 Quarter BINGO, <i>BH</i>                      4:00 Weekend Movie, <i>TH</i>                      7:30 Weekend Movie Replay, <i>TH</i></p>
29	30	31				
<p>11:15 Catholic Communion, <i>TH</i>                      1:00 Hand &amp; Foot, <i>CL</i>                      3:00 Church Service with Tim &amp; Sarah, <i>MP</i></p>	<p>Spring Clean, <i>AS</i>                      9:00 Agility, Balance &amp; Core, <i>WH</i>                      9:15 Kroger Shopping Trip, <i>L</i>                      1:00 Goodies Drive - Graeter's Ice Cream, <i>L</i>                      1:15 Balloon Tennis, <i>WH</i>                      3:00 Play Jeopardy!, <i>TH</i></p>	<p>Spring Clean, <i>AS</i>                      9:00 Active Strength and Stretch, <i>WH</i>                      10:00 Documentary - Island of the Sea Wolves, <i>TH</i>                      11:00 Drum Cardio, <i>WH</i>                      12:45 Meijer Shopping Trip, <i>L</i>                      1:30 Fall Prevention &amp; Preparation, <i>MP</i>                      2:00 Axe Throwing, <i>WH</i>                      3:00 Group Games with Memer, <i>TH</i>                      3:00 UNO! Card Game, <i>BH</i></p>				
					<p>MEETING PLACES</p> <p><i>TH</i> - Theater  <i>CL</i> - Card Lounge  <i>MP</i> - Multipurpose Room  <i>WH</i> - Windsor Hall  <i>L</i> - IL Lobby  <i>AS</i> - Art Studio  <i>D</i> - IL Den  <i>BH</i> - Brighton Hall  <i>FC</i> - Fitness Center  <i>FL3</i> - 3rd Floor Lounge</p>	<p><i>CW</i> - Community Wide  <i>ILL</i> - IL Library  <i>ILCR</i> - IL Conference Room  <i>PCR</i> - Plaza Conference Room  <i>IE</i> - IL Elevators  <i>FL2</i> - 2nd Floor Lounge  <i>B</i> - Bistro  <i>WC</i> - Wellness Clinic</p>