

May 2026

Barrington of Carmel (Independent Living)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					9:00 Active Strength and Stretch, <i>WH</i> 10:00 Tour the Town-Dallara Experience Hub Tour, <i>L</i> 11:00 Current Events, <i>AS</i> 12:30 Indianapolis Quilt Guild Meeting, <i>WH</i> 1:00 Spouse Dementia Support Group, <i>MP</i> 1:30 Health Talk with HTS Therapy, <i>TH</i> 3:00 Family Member Dementia Support Group, <i>MP</i> 4:00 Happy Hour, <i>WH</i> 6:00 Congregation Beth Shalom, <i>L</i> 6:45 Indianapolis Opera - The Marriage of Figaro, <i>L</i>	9:00 Basket Weaving, <i>AS</i> 9:30 Zumba Gold, <i>MP</i> 11:00 Japanese Society 50th Anniversary Lunch, <i>WH</i> 3:00 Quarter BINGO, <i>BH</i> 4:00 Weekend Movie, <i>TH</i> 6:30 Kentucky Derby Watch Party, <i>B</i> 7:30 Weekend Movie Replay, <i>TH</i>
3	4	5	6	7	8	9
11:00 BYOB-Silent Book Club, <i>IBL</i> 11:15 Catholic Communion, <i>TH</i> 1:00 Hand & Foot, <i>CL</i> 3:00 Church Service with Tim & Sarah, <i>MP</i> 4:00 Jazz for Discovery – Music Performance, <i>WH</i>	9:00 Agility, Balance & Core, <i>WH</i> 9:00 Tai Chi with Michael Valenti, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 11:00 Ethnic Lunch-Caliente, <i>L</i> 11:36 Golf League, <i>GC</i> 12:30 A Day at the Races Game, <i>TH</i> 1:15 Balloon Tennis, <i>WH</i> 3:00 Play Jeopardy!, <i>TH</i>	9:00 Active Strength and Stretch, <i>WH</i> 10:00 Documentary - The Hidden Lives of Pets, <i>TH</i> 10:00 Voting Transportation, <i>L</i> 11:00 Drum Cardio, <i>WH</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:30 Fall Prevention & Preparation, <i>MP</i> 2:00 Maintenance Committee Meeting, <i>D</i> 2:30 Birthday Party, <i>WH</i> 3:00 Group Games with Memer, <i>TH</i> 3:00 UNO! Card Game, <i>BH</i> 5:30 Purdue Dinner, <i>CL</i>	9:00 Gentle Chair Yoga, <i>MP</i> 10:00 Dining Committee Meeting, <i>CL</i> 10:00 Meijer Shopping Trip, <i>L</i> 11:00 Craft Time - Doodling Robots, <i>AS</i> 11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i> 12:30 Tech Talk: Digital Spring Cleaning-Carmel Library, <i>L</i> 1:00 Euchre, <i>CL</i> 1:00 Tai Chi, <i>FC</i> 3:00 Brain Body Fit, <i>MP</i> 4:30 Great Courses, <i>TH</i> 7:30 Ladies' Social, <i>FL3</i>	9:00 Men's Breakfast-First Watch, <i>L</i> 9:00 Agility, Balance & Core, <i>WH</i> 10:00 Belly Dancing Workshop - Nora Library, <i>L</i> 10:45 TED Talks, <i>TH</i> 1:00 Let's Talk Vision, <i>TH</i> 2:00 Crafty Creations, <i>BH</i> 2:00 Catholic Communion/Rosary, <i>MP</i> 2:00 Who, What, Where am I?, <i>AS</i>	9:00 Active Strength and Stretch, <i>WH</i> 10:00 Tour the Town-Contemporary Museum of Art, <i>L</i> 11:00 Current Events, <i>AS</i> 1:45 Duplicate Bridge, <i>CL</i> 2:00 Guest Speakers - Michael Mann (Edward Jones) & Nate Kaufmann (JP Morgan), <i>TH</i> 4:00 Happy Hour-Musical Guest Jonathon Bell, <i>WH</i> 6:00 Congregation Beth Shalom, <i>L</i>	9:00 Basket Weaving, <i>AS</i> 9:30 Zumba Gold, <i>WH</i> 3:00 Quarter BINGO, <i>BH</i> 4:00 Weekend Movie, <i>TH</i> 7:30 Weekend Movie Replay, <i>TH</i>
10	11	12	13	14	15	16
Mother's Day 11:00 BYOB-Silent Book Club, <i>IBL</i> 11:15 Catholic Communion, <i>TH</i> 1:00 Hand & Foot, <i>CL</i>	9:00 Agility, Balance & Core, <i>WH</i> 9:15 Carmel Library, <i>L</i> 9:15 Kroger Shopping Trip, <i>L</i> 1:00 Social Euchre, <i>CL</i> 1:15 Shopping Spree-Neimann Harvest Market, <i>L</i> 1:15 Balloon Tennis, <i>WH</i> 3:00 Play Jeopardy!, <i>TH</i>	Tasty Tuesday - Art Studio 9:00 Active Strength and Stretch, <i>WH</i> 10:00 Documentary - Penguin Town, <i>TH</i> 11:00 Drum Cardio, <i>WH</i> 11:00 Life Enrichment Committee Meeting, <i>AS</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:30 Fall Prevention & Preparation, <i>MP</i> 2:00 Health & Wellness Committee, <i>AS</i> 2:00 Virtual Author Talk: How to Robot Proof Kids and Yourself with Dr. Vivienne Ming, <i>TH</i> 3:00 Group Games with Memer, <i>TH</i> 3:00 UNO! Card Game, <i>BH</i>	9:00 Gentle Chair Yoga, <i>WH</i> 10:00 The Smarter Service, <i>ILL</i> 10:00 Market District Shopping Trip, <i>L</i> 10:00 Meijer Shopping Trip, <i>L</i> 11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i> 1:00 Tai Chi, <i>FC</i> 3:00 Brain Body Fit, <i>MP</i> 3:00 Guest Speaker Tepe - The Smarter Service, <i>TH</i> 4:30 Great Courses, <i>TH</i> 5:30 MOAA, <i>WH</i>	9:00 Agility, Balance & Core, <i>WH</i> 10:45 TED Talks, <i>TH</i> 11:00 Craft Time - Felt Ball Coasters, <i>AS</i> 2:00 Creative Coloring, <i>BH</i> 2:00 Resident Council Meeting, <i>ILCR</i> 2:00 Who, What, Where am I?, <i>AS</i> 4:00 1st Floor Resident Council Meet & Greet, <i>D</i>	9:00 Active Strength and Stretch, <i>WH</i> 11:00 Current Events, <i>AS</i> 1:00 Dementia Spouse Support Group, <i>MP</i> 1:00 Musical Entertainment - Steve Elston, <i>WH</i> 2:00 Confession & Mass, <i>WH</i> 2:00 Guest Speaker Author/Digital Illustrator Nathan Clement, <i>TH</i> 3:00 Dementia Family Member Support Group, <i>MP</i> 3:30 Tour the Town-Panda fest Indianapolis, <i>L</i> 4:00 Happy Hour with The Barrington Five, <i>WH</i> 6:00 5 K Walk to Cure Arthritis Connor Prairie, <i>L</i>	9:00 Basket Weaving, <i>AS</i> 9:00 Indy Honor Flight Breakfast, <i>WH</i> 9:30 Zumba Gold, <i>MP</i> 3:00 Quarter BINGO, <i>BH</i> 4:00 Weekend Movie, <i>TH</i> 7:30 Weekend Movie Replay, <i>TH</i>
17	18	19	20	21	22	23
11:00 BYOB-Silent Book Club, <i>IBL</i> 11:15 Catholic Communion, <i>TH</i> 1:00 Hand & Foot, <i>CL</i> 2:00 Bailey Workman Senior Bassoon Recital, <i>WH</i> 3:00 Church Service with Tim & Sarah, <i>MP</i>	9:00 Agility, Balance & Core, <i>WH</i> 9:00 Tai Chi with Michael Valenti, <i>WH</i> 9:15 Kroger Shopping Trip, <i>L</i> 10:30 Meet Your Neighbor: Afghanistan – Indianapolis Central Library, <i>L</i> 11:36 Golf League, <i>GC</i> 1:15 Balloon Tennis, <i>WH</i> 3:00 Play Jeopardy!, <i>TH</i> 5:00 Dinner on the Town - Culinary Dropout, <i>L</i>	9:00 Active Strength and Stretch, <i>WH</i> 10:00 Documentary - Penguin Town, <i>TH</i> 11:00 Drum Cardio, <i>WH</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:00 Jigsaw Puzzle Race, <i>CL</i> 1:30 Fall Prevention & Preparation, <i>MP</i> 2:00 Team Appreciation Committee, <i>PCR</i> 2:00 Virtual Author Talk: Reshape Your Beliefs and Unlock Your True Potential with Nir Eyal, <i>TH</i> 3:00 Group Games with Memer, <i>TH</i> 3:00 UNO! Card Game, <i>BH</i> 5:30 Purdue Dinner, <i>CL</i>	9:00 Gentle Chair Yoga, <i>WH</i> 10:00 Meijer Shopping Trip, <i>L</i> 11:00 Plaza Tour with Sue Ellen and Judy, <i>IE</i> 11:15 Confession and Mass - St. Elizabeth Seton Catholic Church, <i>L</i> 1:00 Walker Tune-up Clinic with Mobility Indy, <i>AS</i> 1:00 Euchre, <i>CL</i> 1:00 Tai Chi, <i>FC</i> 2:00 Upbeat Piano with Denny Glander, <i>WH</i> 3:00 Brain Body Fit, <i>MP</i> 4:30 Great Courses, <i>TH</i> 7:30 Ladies' Social, <i>FL3</i>	9:00 Agility, Balance & Core, <i>WH</i> 10:45 TED Talks, <i>TH</i> 2:00 Catholic Communion/Rosary, <i>MP</i> 2:00 Crafty Creations, <i>BH</i> 2:00 Who, What, Where am I?, <i>AS</i> 3:00 Town Hall, <i>WH</i> 6:00 Mary Kay Cosmetics, <i>CL</i>	9:00 Active Strength and Stretch, <i>WH</i> 10:00 Walk in the Park-Newfields, <i>L</i> 11:00 Carmel Clay Public Pop Up Library, <i>L</i> 11:00 Current Events, <i>AS</i> 11:00 Veterans Brick Dedication, <i>FRC</i> 12:30 Chef's Teaching Kitchen, <i>D</i> 1:45 Duplicate Bridge, <i>CL</i> 2:00 Guest Speaker - Author Paulette Brooks, <i>TH</i> 4:00 Happy Hour, <i>WH</i> 6:00 Congregation Beth Shalom, <i>L</i>	9:00 Basket Weaving, <i>AS</i> 9:30 Zumba Gold, <i>WH</i> 3:00 Quarter BINGO, <i>BH</i> 4:00 Weekend Movie, <i>TH</i> 7:30 Weekend Movie Replay, <i>TH</i>
24	25	26	27	28	29	30
11:00 BYOB-Silent Book Club, <i>IBL</i> 11:15 Catholic Communion, <i>TH</i> 1:00 Hand & Foot, <i>CL</i> 3:00 Church Service with Tim & Sarah, <i>MP</i>	Memorial Day 1:00 Social Euchre, <i>CL</i> 4:00 2nd Floor Meet & Greet with Resident Council, <i>FL2</i>	9:00 Active Strength and Stretch, <i>WH</i> 9:30 Tai Chi: Calm & Balance - Carmel Library, <i>L</i> 10:00 Documentary - Penguin Town, <i>TH</i> 11:00 Drum Cardio, <i>WH</i> 12:45 Meijer Shopping Trip, <i>L</i> 1:00 Book Club, <i>FL2</i> 1:30 Fall Prevention & Preparation, <i>MP</i> 2:00 Maintenance Committee Meeting, <i>D</i> 2:00 Poker, <i>FL3</i> 2:30 Chef's Table, <i>B</i> 3:00 Group Games with Memer, <i>TH</i> 3:00 UNO! Card Game, <i>BH</i> 4:00 3rd Floor Resident Council Meet & Greet, <i>FL3</i>	12:00 MOAA Board, <i>CL</i> 9:00 Gentle Chair Yoga, <i>WH</i> 10:00 The Smarter Service, <i>ILL</i> 10:00 Meijer Shopping Trip, <i>L</i> 11:45 Mass-St. Elizabeth Seton Catholic Church, <i>L</i> 12:30 Podiatry Clinic, <i>WC</i> 1:00 Bocce Ball Tournament, <i>WH</i> 1:00 Tai Chi, <i>FC</i> 3:00 Brain Body Fit, <i>MP</i> 4:30 Great Courses, <i>TH</i> 6:30 Carmel Gazebo Concert, <i>L</i>	9:00 Agility, Balance & Core, <i>WH</i> 10:45 TED Talks, <i>TH</i> 11:00 Ladies' Lunch - Cafe Noricha, <i>L</i> 2:00 Catholic Communion/Rosary, <i>MP</i> 2:00 Creative Coloring, <i>BH</i> 2:00 Who, What, Where am I?, <i>AS</i> 3:00 IL ARM, <i>WH</i>	9:00 Active Strength and Stretch, <i>WH</i> 10:00 Walk in the Park - Macgregor, <i>L</i> 11:00 Current Events, <i>AS</i> 2:00 Guest Speaker Emily Tolerson – Hamilton County Health Department "Diabetes", <i>TH</i> 4:00 Happy Hour, <i>WH</i> 6:00 Congregation Beth Shalom, <i>L</i>	9:00 Basket Weaving, <i>AS</i> 9:30 Zumba Gold, <i>WH</i> 3:00 Quarter BINGO, <i>BH</i> 4:00 Weekend Movie, <i>TH</i> 7:30 Weekend Movie Replay, <i>TH</i>
31				MEETING PLACES		
11:00 BYOB-Silent Book Club, <i>IBL</i> 11:15 Catholic Communion, <i>TH</i> 1:00 Hand & Foot, <i>CL</i> 3:00 Church Service with Tim & Sarah, <i>MP</i>				WH - Windsor Hall L - IL Lobby AS - Art Studio MP - Multipurpose Room TH - Theater BH - Brighton Hall B - Bistro IBL - IL Back Living Room	CL - Card Lounge GC - Golf Club of Indiana D - IL Den FC - Fitness Center FL3 - 3rd Floor Lounge CW - Community Wide IL - IL Library ILCR - IL Conference Room	PCR - Plaza Conference Room IE - IL Elevators FRC - Front Circle FL2 - 2nd Floor Lounge WC - Wellness Clinic

