

# INTRODUCTION TO THE BENEFITS OF HOSPICE AND PALLIATIVE CARE



## DISCOVER HOW TO NAVIGATE CARE OPTIONS FOR YOURSELF OR A LOVED ONE

Join us for an informative discussion about the benefits of hospice and palliative care. Learn how to make informed decisions and take steps to align your care with your values and preferences.

### What You Will Learn:

#### When is Hospice Care Appropriate?

- Understand the signs and factors for when hospice or palliative care may be the right choice.

#### How Do I Determine My Treatment Options?

- Explore the types of care available through Medicare to manage chronic or terminal illnesses.

#### Having Difficult Conversations:

- Learn ways to share your values and preferences with loved ones who may make decisions on your behalf.

#### Advance Directives:

- Gain insight into essential legal documents needed to ensure your wishes are respected.

#### Palliative vs. Hospice Care:

- Understand the differences and benefits of these care options for chronic and terminal illnesses.



Location

**The Barrington  
Multipurpose Room**



Date

**June 5, 2026**



Time

**1:00 PM & 3:00 PM**

**Sign Up at the Activities Book  
or directly contact:**

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